



# avive Health Matters

## Welcome


### A message from the co-founders

Our warmest wishes to you, your teams and loved ones.

At Avive Health, we've embraced 2023 with exciting developments across the business to help people in need on their mental health recovery journey. We have welcomed several new doctors to the team, and our newly-opened Avive Specialist Suites in Brisbane and Byron Bay are now accepting outpatient referrals. Construction of our landmark Avive Clinic Brisbane is well-progressed, and on track to open this year.

Behind-the-scenes, our unique model of care is taking shape and we're gearing up for our next chapter of growth; expressions of interest are now open for career opportunities at Avive Health.

Our digital presence is expanding, with lots of exciting news and developments in the pipeline. Be sure to connect with us on LinkedIn to receive our latest announcements, or on YouTube to hear from our team – simply find us @avivehealth.

Warmest,  
Greg, Mark and Matt  
Co-Founders, Avive Health 



## Join us

### Interested in joining a progressive and innovative mental health business?

We're looking for like-minded people to join our growing team; where we aim to ensure that each person who engages with our people, services or treatments walks away feeling better than before.

Our focus is solely on mental health, which means our services and hospitals aim to provide better, and exceptional patient experience and outcomes. We are developing and operating quality private mental health hospitals, therapeutic communities, outpatient psychiatry and psychology clinics, as well as digital mental health services.

We thrive on professionalism, compassion, optimism and initiative; our people are experts in their fields. We listen to and encourage our people to be the best they can be, in a transparent environment where people are treated with understanding, dignity and respect.

We are now taking expressions of interest for the following roles online at [avivehealth.com.au/careers](https://avivehealth.com.au/careers)

- Nursing: registered nurses, enrolled nurses, assistants in nursing and clinical nurse consultants
- Allied health: psychologists, occupational therapists, social workers, diversional therapists, dieticians and allied health assistants
- Administration
- Finance
- Human resources
- Marketing and business development

By registering your interest for our career opportunities, you'll take your next exciting step towards the prospect of working with an organisation committed to making a meaningful impact on people's lives. 

## Connect

with us to stay up to date with the latest news from Avive Health.



## Now open

### Avive Specialist Suites in two locations

We're delighted to open our outpatient consulting suites, in Brisbane and Byron Bay to help those in need of mental health support.

Our 'Avive Specialist Suites' are now accepting referrals, via telehealth or in person at the following locations:

#### Avive Specialist Suites Brisbane

Suite 29  
Level 4 Royal Brisbane Place  
17 Bowen Bridge Road  
Herston QLD 4006  
T +61 7 3123 4828  
F +61 7 3123 4823  
E [brisbane.specialistsuites@avivehealth.com.au](mailto:brisbane.specialistsuites@avivehealth.com.au)

#### Avive Specialist Suites Byron

1/12 Tasman Way  
Byron Bay NSW 2481  
T +61 476 853 652  
E [byron.specialistsuites@avivehealth.com.au](mailto:byron.specialistsuites@avivehealth.com.au)



## Avive Clinic Brisbane

### opening this year

With construction well and truly progressed, we're on track to open a new 63-bed private facility in Brisbane prior to Christmas, aiming to set a new benchmark in private mental health care.

'Avive Clinic Brisbane', representing a \$36m investment into the sector, is the first in our pipeline of private mental health facilities to be developed across the country under a unique business model, where doctors are critical to the development of facilities, treatment and care.

Occupying a prime site at 16 Bryden Street, Windsor (Brisbane), it will feature 63 single bedrooms, seven group rooms, ten consulting suites, a dedicated fitness studio, circadian rhythm lighting to improve mood and sleep, as well as rTMS machines for the treatment of medication-resistant depression.

The facility will retain its Queensland Heritage listed 'Skilmorlie' residence (built c. 1873); and adjoins the State Heritage 'Rosemount Hospital' (built c. 1885) – established as a military hospital during World War I; the only such facility surviving in Queensland and one of the few from this period in Australia.

Construction works include conversion of the existing Ramada Hotel; demolition of the existing two-storey hotel buildings to be replaced by a new three-storey building, as well as refurbishment works to the remaining hotel buildings plus minor refurbishment of the heritage building.

Latest onsite works include:

- completion of our level three slab pour - home to a recreation and relaxation zone boasting 360 degree, panoramic views of the Brisbane CBD, suburbs and hinterland;
- commencement of ground level fitout of doctors' specialist suites;
- installation of cabinetry to level one bedrooms; and
- completion of external refurbishment works and painting to enhance and showcase 'Skilmorlie' residence, integrating both old and new. 🌀

*Pictured above (L-R): Patrick McGurrian (CEO Avive Brisbane) with Avive Co-Founders Mark Sweeney, Greg Procter and Matt McDorman inspect latest works at Avive Clinic Brisbane.*

## What's your why?



### Dr Matt McDorman

Consultant Psychiatrist  
Avive Specialist Suites Byron Bay,  
Co-Founder and Chief Medical Officer  
Avive Health

I have always been fascinated by the human experience; our sense of self, as well as our thoughts, feelings and words. I'm privileged to hear about my patients' inner world, and that they trust me with their story. Mental health is not a one-size-fits-all; it is why our bespoke, tailored programs truly recognise the needs of each patient along with the importance of trauma-informed therapy. 🌀



## What's your why?

**Dr Gary V Persley**

Consultant Psychiatrist  
Avive Specialist Suites Brisbane



We all appreciate being heard and understood. As a clinician, this is fundamental to engage with people as they begin their wellness journey. Mental health issues occur in the context of one's life experiences, past and present. I work collaboratively with people to engage in a comprehensive management plan incorporating medicine, psychiatry and a healthy lifestyle; along with group therapy to learn from others' experiences – so one can embrace their life and the opportunities it offers.

## New

### Online referral form for health professionals

For general practitioners and health professionals with patients in need of mental health support, we have introduced an online referral form.

Simply access our online referral form via [avivehealth.com.au/referralfarm](https://avivehealth.com.au/referralfarm). Referrals will be directed to the appropriate Avive Specialist Suites location. 📍



## Avive Health

### Delivering mental health care, differently.

Avive Health is co-founded by senior health care executives and a leading psychiatrist who combined, have amassed decades of experience in Australian private mental health spanning clinical care, hospital design and construction, procurement and facility management.

We've established Avive Health so it's beyond just a hospital stay; although hospitals are a key part of our business, we're focused on delivering evidence-based services throughout each person's mental health and wellness journey.

We want to ensure that our treating clinicians; which includes everyone from nursing staff and allied health practitioners, right through to our psychiatrists, have the best-in-class treatment options within reach so we have every confidence that each patient is getting the best possible care tailored specifically to their individual needs, at the right time in their journey.

Our business is focused on delivering better patient experience and outcomes. With some of Australia's most regarded psychiatrists driving the business from within, ours is a clinical model where the care of patients is paramount.

Co-owned by leading psychiatrists, Avive Health hospitals will offer sophisticated inpatient treatment and therapy, complemented by dedicated outpatient clinics. The model aims to revolutionise mental health care, with consistency, continuity and improved patient outcomes – delivering the right care, in the right place, at the right time. 📍

*Pictured above (L-R): Avive Health Co-Founders Greg Procter, Mark Sweeney and Matt McDorman.*

## Follow YouTube our story on YouTube

It was great to gather the team at a recent offsite photo and video shoot. Be sure to follow our story on YouTube @avivehealth as we continue to grow our business, treatments and services to support the mental health and wellness journeys of Australians.



# What's your why?



## Dr Vicky Satchwell

Consultant Psychiatrist  
Avive Specialist Suites Brisbane

Years of experience have shown me the complexities that lie behind each mental health diagnosis. All aspects of a person's life are important, and I aim to integrate physical health, family and friends, and other services into the journey to recovery. I think a collaborative approach is essential, and like to help draw on each person's unique interests and strengths to get back to their life.



(Photo L-R): Patrick McGurrin (CEO Avive Brisbane) welcomes Dr Gary V Persley at Avive Specialist Suites Brisbane.

## Welcome to our Avive doctors

At Avive Health, our people are experts in their fields. A heartfelt welcome to our foundation doctors, who are now accepting outpatient mental health referrals.



### Dr Matt McDornan

MBBS, FRANZCP  
Consultant Psychiatrist  
Avive Specialist Suites Byron,  
Co-Founder and Chief Medical Officer  
Avive Health

**Practicing since**  
2007

#### Treatment specialties

- Addictive disorders
- Anxiety, depression and mood disorders
- Psychoanalytic psychotherapy
- Repetitive transcranial magnetic stimulation (rTMS)
- Trauma-informed care

#### Patients

- Adults
- Young adults



### Dr Gary V Persley

Consultant Psychiatrist  
Avive Specialist Suites Brisbane

**Practicing since**  
1985

#### Treatment specialties

- Anxiety, depression and mood disorders
- General adult psychiatry
- Psychological medicine
- Young adult psychiatry

#### Patients

- Adults
- Young adults



### Dr Vicky Satchwell

MBBS (Lond), MRCPsych, FRANZ CP,  
Cert Addiction. Psych  
Consultant Psychiatrist  
Avive Specialist Suites Brisbane

**Practicing since**  
2006

#### Treatment specialties

- Addictive disorders
- Anxiety, depression and mood disorders
- Dual diagnosis
- General adult psychiatry
- Psychosis early intervention
- Young adult psychiatry

#### Patients

- Adults
- Young adults

**Submit**

your outpatient mental health  
referral online at [avivehealth.com.au/referralform](https://avivehealth.com.au/referralform)

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