

# Private mental health hospital admissions

Avive Clinic Mornington Peninsula is a 60-bed premium private mental health hospital featuring the latest health design principles, technology-integrated care and trauma-aware programs.

Treatment is delivered by an experienced team of mental health professionals and supported by the latest technology and health-promoting design principles.

## Avive Clinic Mornington Peninsula features:

- private single bedrooms with ensuites
- a dedicated fitness studio and gymnasium
- group and art therapy rooms
- private consultation rooms
- tranquil landscaped outdoor retreat areas.

## Our experienced team specialises in the treatment of:

- drug and alcohol use disorders
- general adult psychiatry
- mood and anxiety disorders
- early life trauma
- adult trauma, including defence (Department of Veterans' Affairs and Australian Defence Force) and emergency first responders
- women's mental health.

## Inpatient and day programs

Choice in recovery, with flexible pathways and access to clinical teams and psychiatrists. Our immersive inpatient programs, and supportive day programs include thorough discharge and aftercare planning, to help patients on their healing journey. Veterans and emergency services personnel participate in their own group for shared support.



### Anxiety and mood disorders

Help to manage anxiety and depression while improving quality of life. Offered as 3-week inpatient program or 12-week day program.



### Dual diagnosis

Overcome addiction from alcohol and other drugs, and improve mental health and well-being. Offered as 3-week inpatient program or 12-week day program.



### Art therapy

This complementary therapy is a day program that uses art to interpret, express and resolve emotions and thoughts in a safe group environment.



### Embodied emotion and movement

Offers insight into the relationship between mood disturbance, trauma and the body. It uses psycho-education and exercise to enhance understanding and experience with exercise and mental health. Designed by leading psychiatrists, psychologists and exercise physiologists that recognises and addresses the mind-body connection. Offered as 3-week inpatient program or 8-week day program.

## Rapid access mental health admissions

Now accepting inpatient and day program mental health referrals. DVA White and Gold Card holders accepted. 2-month waiting period for newly insured patients, or one-time waiver for patients upgrading current health cover applies.

**Avive Clinic Mornington Peninsula** 1 St Johns Lane, Mount Eliza VIC 3930 [avivehealth.com.au](https://avivehealth.com.au)

**Inpatient and day program referrals** T 1800 284 830 E [help@avivehealth.com.au](mailto:help@avivehealth.com.au)

**Outpatient referrals** T 03 7023 9820 F 03 9125 9850 E [specialistsuites.morningtonpeninsula@avivehealth.com.au](mailto:specialistsuites.morningtonpeninsula@avivehealth.com.au)

**Online referrals at** [avivehealth.com.au/referrals](https://avivehealth.com.au/referrals)



# Consultant psychiatrists

Inpatient admissions available.

For next available outpatient appointments contact our specialist suites.



**Dr Angela Lee**

MBBS, FRANZCP

**Consultant Psychiatrist**

**Specialities:** women's mental health



**Dr Venkat Chekuri**

MBBS, MRCPsych (UK), FRANZCP

**Consultant Psychiatrist**

**Specialities:** general adult psychiatry, consultation liaison psychiatry, addictive disorders, drug and alcohol use disorders, anxiety and mood disorders, schizophrenia, psychoses



**Dr Ruwan Haputhantrige**

MBBS, MD, FRANZCP

**Consultant Psychiatrist**

**Specialities:** anxiety and mood disorders, general adult psychiatry



**Dr Sean Jacobs**

MBChB, FRANZCP

**Consultant Psychiatrist**

**Specialities:** general adult psychiatry, drug and alcohol use disorders



**Dr Craig D'Cunha**

MBBS (Hons), M. Psych, FRANZCP

**Consultant Psychiatrist**

**Specialities:** drug and alcohol use disorders, anxiety and mood disorders



**Dr Gary Persley**

MBBS, AMA

**Consultant Psychiatrist**

**Specialities:** anxiety and mood disorders, general adult psychiatry, psychological medicine



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